

Activities Unlimited

Volume XXXI Issue XII

December, 2017

Activities Unlimited General Meeting December 12, 2017

1:00 PM at the WRC Heneveld Hall

We have very special entertainment for our December meeting!

Master Storyteller Jonathan Kruk will perform "A Christmas Carol" accompanied by musician Jim Keyes, who also warms up the house with a lively singalong of "The Twelve Days of Christmas." Using skills sharpened over decades as a career storyteller, Kruk has developed a singular show, which he performs in period garb. The story emerges as a lively dialogue, with characters quickly created with concise gestures and expressions. Transforming into Ebenezer, Bob, and Marley, Kruk employs his legendary eloquence into a treasure trove of voices for over thirty characters. Fans compare Jonathan to "an elegant Robin Williams," possessing "a Patrick Stewart-like presence," and "the charm of Alistair Sims."

The show will be performed in the Church at 1:30 pm after the meeting in Heneveld Hall. Wives, significant others, and friends are invited. Don't miss it!



Note from the President

As my term comes to a close, I want to take this opportunity to thank the membership, the club chairs and my fellow Board members, all of whom made my job a lot easier than I anticipated. Whenever a need arose, someone would step forward and volunteer to help. This spirit is what makes AU so unique as a club. The availability of so many activities is important, but what makes the club really vibrant is the friendship and fellowship we bring as members. To keep the club strong, of course, we have to keep that spirit alive- by participating in activities, attending the monthly meetings and joining in some of the "trips and tours." If we see something that could be improved or we have an idea, let's step forward and suggest how to make the club better. It's up to each one of us to help grow Activities Unlimited as we move into the New Year.

Capping 2017's activities is our annual holiday dinner dance event. Organizing it is really challenging and I want to thank the members who make it so memorable, especially John Murphy and Bill Mastellon. It's always a fantastic evening and I look forward to seeing everyone there.

And thanks again to everyone!

Membership Dues

Membership dues, **\$50.00**, for 2018 are due no later than **December 31, 2017.**

Please send your check for \$50.00 payable to "Activities Unlimited" to:

Douglas Cooper, 15 David Alan Way,
Montville, NJ 07045

ACTIVITIES UNLIMITED

GENERAL MEMBERSHIP INFORMATION



2017 OFFICERS



Tom Butler
President
201-934-8161



Jim Webb
1st Vice President
201-337-7982



Joe Pullaro
2nd Vice President
201-337-0018



Howard Vogel
Secretary
201-612-2237



Mark Cohen
Treasurer
201-337-4198



Doug Cooper
Asst. Treas.
908-907-1112

COMMITTEES & CLUBS			
GROUP	CONTACT	PHONE	MEETING
AU Guys	John DeSantis	201-447-0256	
Book Club	Vince Tortorelli Joe Clinton	201-447-3718 201-447-2261	4th Wed. 9:30
Dup. Bridge	ED Foldessy	201-327-5767	Wed 1 pm Larkin House
Rub. Bridge	Bob Mulligan Dave Kampschmidt	201-447-8837 201-405-2043	M,F 1:00 pm Franklin Lakes Ambulance Building
Care-Concern	Doug Cooper Paul Hennion	908-907-1112 201-891-4716	
Chaplain	Rev Andy Kadzban	201-485-8589	
Chess	Bill Schultz	973-525-0979	3rd Thru 9:30
Computer	Don Kirkpatrick Ed Schlachman Fred Theile	201-337-5666 973-423-1459 201-825-7541	3rd Wed. 10:00
Gardening	Joe Lamela Rick Sneyers	201-327-8137 973-248-6625	1st Wed.10:00
Golf	Bruno Bissetta Bill Bryne	201-891-7567 201-447-5064	Tuesday Thursday
Hiking	Don Kirkpatrick Rick Sneyers	201-337-5666 973-248-6625	Mon 9:00
	Fred Theile	201-981-1811	Mon 9:30 WRC
Historian	Victor Pizzolato	201-612-0038	
History	Pablo Catangay	201-684-1217	4th Monday 1:00 pm
Investment	Al Connelly	973-616-0755	Thru after the AU General Meeting 9:30

COMMITTEES & CLUBS			
GROUP	CONTACT	PHONE	MEETING
Luncheon	John Abrahamson	201-848-8037	
Membership	Walt Widmer Dick Hensch	201-562-8666 201-891-1309	
Newsletter	Lou Guarneri Dick Hensch	201-847-1981 201-891-1309	
Project Outreach	Marty McGonigle Joe Pullaro	201-529-1941 201-337-0018	
Photography	Murry Perl Sam Ohan	201-261-7276 201-825-0437	1st Tuesday 10:00 am
Public Disc.	Walt Widmer Tom Butler	201-562-8666 201-934-8161	2nd Wednesday 9:30 am
Refreshments	Jim Forbes John Gannaway	201-825-0523 201-485-7881	
Science	Jack Yurasek	201-337-4433	3rd Tuesday 10.00 am
Skiing	Bud Brooks Jack Yurasek	201-327-6649 201-337-4433	Snow
Sponsor Liaison	Jim Mallen	201-485-8589	
Stock Market	Mark Cohen John Abrahamson	201-337-4198 201-848-8037	2nd Tues. 9:00 am 4th Tues. 9:00 am
Tennis	Dave Burleigh Bob Meyers	201-762-3707 310-254-8699	M,W,F
Transport.	Frank Nusspickel	201-891-9099	
Trips/Tours	Lou Guarneri Don Wasson	201-847-1981 201-891-1873	Morning of AU General Meeting 10:30 am
Web-Master	Don Kirkpatrick	201-337-5666	

At the November meeting \$107.00 was collected for the Wyckoff Reform Church Food Pantry.

Please remember that WRC is a smoke-free environment. This includes E-Cigarettes.

The deadline for January 2018 Newsletter articles is 5 PM Friday December 22, 2017. When submitting articles please use font: Times New Roman 11 pt. (not bold). Email: lguarneri03@gmail.com and jrhensch62@gmail.com or mail to: Lou Guarneri, 128 MacLeish Court, Mahwah, NJ 07430

Welcome New Members

Name (Spouse)	Address	Employment	Interests	Phone/Email
Stan Heimberger (Elaine)	959 Dogwood Ln Franklin Lakes, NJ 07417	Publisher	Computers, Hiking Short, Investments, Luncheon, Science, Stock Club and Trips & Tours	Phone: 201-337-0235 Email: stanpub@verizon.net
John F Caikowsky (Maggie)	26 Donna Dr. East Hanover, NJ 07936	Account Executive	Computers, Luncheon, Refreshments, Transporta- tion and Trips & Tours	Phone H: 973-599-1056 C: 973-462-8813 Email: mpgjohn@optonline.net
Richard F Lane (Diane)	924 Laurie Lane Franklin Lakes, NJ 07417	CPA	Book Club, Computers, Golf and Luncheon	Phone H: 201-891-4560 C: 201-739-1716 Email: rflane@gmail.com



Duplicate Bridge Results

		1st	2nd	3rd
11/1	NS	Spence/Warner/Rock	Freimuth/Riccardi	Levin/Lewis
	EW	Altamuro/Foldessy	Gilpatrick/Yampell	Meloro/Milcos
11/8	NS	Douma/Riccardi	Freimuth/Zelhof	Sweetgall/Groesbeck
	EW	Peck/Altamuro	Rock/Meloro	Lewis/Milcos Bartlett/Martin
11/15	NS	Smith/Warner	Groesbeck/Page	Douma/Milcos
	EW	Martin/Yampell	Altamuro/Anand	Hulit/Peck
11/22	NS	Smith/Zelhof	Spence/Warner	Meloro/Martin/ Groesbeck
	EW	Altamuro/Desrosiers	Foldessy/Milcos	Barbera/Boylan

TO QUENTON WIEST ON HIS 105TH BIRTHDAY

ANOTHER YEAR HAS JUST PASSED
AND THE STOCK MARKET HASN'T CRASHED
YET THE AU BRIDGE CLUB ROLLS ON
BUT SOMETHING SEEMS SO WRONG
WE MISS THE GUY WHO TAUGHT US SO MUCH
DON'T BELIEVE HE 'S LOST HIS TOUCH
I KNOW THAT HE IS ONLY 105
BUT HE IS ALSO VERY MUCH ALIVE
PLEASE COME BACK SOON
NEXT WEDNESDAY WOULDN'T BE TOO SOON
BY **DICK FREIMUTH**



Public Discussion Group

The Discussion Group met November 8 at the Larkin House. Our star reporter was not present.

We opened with a review of the election of our new Governor. Campaign promises were listed, some indicating positive and negative opinions.

Topic 1: was the Deer and Bear Hunt. As in the past all options were brought up but no reasonable solution was accepted. The Deer will be with us for some time.

Opioids were topic 2: Fortunately one of our members **John Paxos**, a pharmacist helped us all better understand the classification of Opioids and their effects on the body. John has agreed to cover this topic next month at our December Discussion Meeting.

Topic 3: was Iran and Korea. Since President Trump is presently in ASIA we reviewed some possibly solutions.

Next month Topic 1: **John Paxos** will lead off with Opioids. Topic 2: How other countries are managing the Opioid problem. Topic 3: Guns and mass killings.



Investment Study

Report of Investment Study Group Meeting of Nov 10, 2016

Dr. Lieberman noted that the media gives us a very distorted and short term view of markets and the economy. He said that their distortions are done to create sensations to attract viewers in order to attract advertising dollars. Can't argue with that.

He gave us a hopeful view of the economy and markets: Labor is doing well with falling unemployment & rising job openings, rising house prices, low personal debt, stock forward P/Es in line, dividend yields up, & 10 year Treasuries low.

To get a clearer view of the economy he looks at Bureau of Labor Statistics (BLS) reports (<http://www.bls.gov/bls/newsrels.htm#OEUS>)

BLS Employment Situation Report
BLS Unemployment Rate
BLS Unemployment Claims
BLS Job Openings and Labor Turnover (JOLTS)

His charts showed that he talks a long view of the statistics. His lead-off report was the Employment Situation Report. Investopedia says this about the report.

"Economists have settled on the number of 150,000 jobs as the level that defines economic growth. Gains of roughly 150,000 jobs or more indicate expansion of the labor force, while anything below indicates a weak job market."

By this measure The Great Recession started in Apr. '07 and lasted until Apr. '10. That's four years instead of the usual year and a half of Dec '07 to Jun. '09.

The BLS reports are also useful because they are reported monthly while the GDP is reported quarterly.

The Employment Situation Report is given on the first Friday of each month. It can be a market mover. Data is subject to revision in the following month. Sometimes the revisions are significant. For example the in report of this November the September the "Nonfarm Payroll Change" was revised 22% upward.

Freedom Honor Flight

Below is a short summary by **Bob Mulligan** of a trip he took on April 29, 2017 to visit the US War Memorials.

Freedom Honor Flights is a volunteer organization with 132 chapters around the country that flies war veterans "at no cost" to Washington DC to visit US War Memorials that honor their military service. I contacted their office in Montgomery, NY and was accepted for the NY Inaugural flight on April 29, 2017. It was truly one of the most enjoyable and memorable experiences of my life.

Approximately 90 veterans and our assigned "guardians" gathered at Floyd Bennett Field for a large police escort to the American Airlines terminal at JFK where we were greeted by TV cameras, hundreds of police, military personnel, children and adults thanking us for our service.

After a brief welcoming ceremony, we boarded our plane and were honored by a "fire hose salute" on the runway.

Upon Arriving in Washington DC, we received the same kind of joyous welcoming as we boarded our police escorted busses to visit the war memorials.

Our first stop was Arlington Cemetery and the very moving and impressive "Changing of the Guard" ceremony.

We passed the Iwo Jima and Vietnam memorials, but spent most of our time at the recently dedicated "World War II" memorial. This is an extremely well done memorial and tribute to the over 400,000 servicemen who lost their lives in that conflict.

Following an early dinner at the Hyatt Regency we returned to Reagan Field for our return trip and received the same "fire hose salute".

During the return flight we received "mail call", which was a package of dozens of letters from school children thanking us for our service.

This is a once in a lifetime experience which any qualified veteran should try to experience.

Information about possible future flights can be obtained from:

Big Apple Honor Flight
PO Box 190
Montgomery, NY 10922
Phone: 929-251-5120
Email: info@bigapplehonorflight.com

Obituaries

It is sad to report the passing of two AU members, **Richard (Dick) Grimley** on Sunday, November 12, 2017, and **Ed Chanod** on Monday, November 20, 2017.

Dick was a member of AU since 1997. He enjoyed playing Bridge but Golf was his passion. He maintain a low handicap and would return from Florida just to play in the AU Tournaments. He was a true gentleman, his cheerful and sincere demeanor always left behind a warm impression and a new friend.

Ed joined AU in 2009 and was very active in AU Luncheon and Science clubs as well as holding the positions of Secretary in 2014 and 2nd Vice-President in 2015.

Both will be missed.



The Computer Technology Club

Computer Technology Club – November 15, 2017 Meeting

There were over 30 AU Members in attendance at the Wednesday, November 15, 2017 meeting of the Computer Technology Club. The meeting topics included a variety of items with the focus of the meeting looking at making a Shutterfly Album and creating a PowerPoint Presentation.

The meeting kicked off with a look at 12 must have products going viral in 2017 ... out of the 12 products we explored more deeply three of them. The first was a look at TrackR a new type of tracking gadget that can be used to make sure you don't lose something of value ... this device was reviewed earlier in the year but it was important enough that I presented it again to the group.

Next, we viewed a video on Fixd a new type of device that you can use to facilitate the diagnosis of various car problems that typically cause much concern with dealing with the modern automobile and the use of technology. This followed with a video on Huddy a very interesting way of transforming your smartphone into a driving display.

Then we looked at several items included on the AU's Web-site, new items added to the Computer Page Reference section and to the Helpful Tips section. We also, explored several other sections of the AU Web-Site to let those in attendance know what is out on the AU Web-Site. One suggestion was made by the group for the AU Web-Site that has been partially implemented but is done in a way that most AU Members have no idea it exists ... this involves a Member-to-Member communications page. Over the next several months I will explore some options to implement this page differently and present some solutions at the January 2018 Computer Technology Club meeting.

Then we had as the Focus of the meeting a very informative and instructional presentation on the making of a Shutterfly Album from your pictures ... this included a look at the available web-site that offer this type of services. As part of our session we specifically looked in depth at Shutterfly using a recently created Shutterfly album that I made for the President's Cup Golf event. As part of our review I included a video on using Shutterfly to explain some of the features available to make an album from your pictures. We also, looked at a video on making a PowerPoint Presentation plus reviewed several PowerPoint presentations to explore the pluses and minuses of creating a presentation with PowerPoint. As with other items we discuss at our CTC Meetings all key items discussed are posted to the AU Web-Site on the Computer Technology Page (reference section) or under Helpful Hints section.

I would like all to think about future topics as we need to pin down our topics for our meetings for January 2018. I have received several topics but could use more please send your thoughts to me by email.

Our next meeting will be held on Wednesday, January 17, 2018 at 10AM. The main topic for this meeting has not been determined. I will send out the agenda for this meeting prior to January 17, 2018 meeting.

Thanks,

Donald A. Kirkpatrick (201-759-3795) or dakirkpt@verizon.net

Note: there will not be a meeting of the Computer Technology Club in December 2017 as the main presenter at our meeting needs some time off during the upcoming holidays.

The History Club



There will be NO History Club meeting for December. Merry Christmas everybody and a healthy, happy and peaceful New Year.



2018 AU Stock Picking Contest

The Stock Picking Contest for the 2018 calendar year has a \$5 entry fee. Submit Cash only to **Don Chucka**, 789 McCoy Rd., Franklin Lakes, NJ 07417. Stock picks for the contest must be submitted by December 31, 2016 to **John Abrahamsen**.

You have a fictitious \$100,000 to invest. Must pick 4 stocks and invest an amount from \$10,000 to \$40,000 in each such that the total equals \$100,000. Prizes will be awarded at the end of year as follows: 1st place \$50 2nd place \$25 3rd place \$15 Last place \$10 Additionally, each month the contestant whose portfolio achieves the highest percentage gain in that month shall receive a \$5 monthly prize.

Stock Picking Contest Entry Form

Name ----- E-Mail Address -----

Symbol (ticker)*	Name**	\$ Amount to invest***
	Total investment is	\$ 100,000

*Use the symbol provided by Yahoo Finance quote.

**Must be traded on a major US stock exchange. Only stocks having a minimum per share value of \$8 at year-end 2017 qualify.

*** \$ amounts in whole dollars

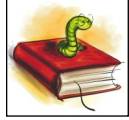
Email questions to **John Abrahamsen** at john.abrahamsen.bnp@gmail.com

Mail the form to: **John Abrahamsen** 759 Peach Tree Lane Franklin Lakes NJ 07417
 OR email the scanned form OR an excel sheet. Submitting the form itself is not mandatory just a guide.

We will assign a number of shares (including fractional shares) based on Dec 31 2017 closing price from Yahoo. No ETFs, mutual funds or closed end funds, Preferred stocks or other synthetic stocks permitted.

No trading during the year is permitted. Dividends will not be included in the results. If Yahoo quotes on that stock stop for any reason, the value is frozen using the value as of the last month's reported results.

Your entry is not official until receipt of your submission confirmed by email by John. So please contact John or **Don Chucka** if the entry is not confirmed by Jan 2th. Results will be emailed monthly.



The Book Club

At the November 22 meeting 3 books were discussed:

Blue on Blue, by Charles Campisi, reviewed by **Joe Clinton**, is a recap and documentation of Campisi's career and tenure as Chief of NYPD's Internal Affairs Bureau from 1996 to 2014. In it he describes how he and the Bureau dealt with corruption within the NYPD, citing chapter and verse of various cases, ranging from stolen drug money to the notorious headline events like the shooting death of Amadou Diallo and torture of the arrested Abner Louima. While numerous cases are reviewed, Campisi's treatment of incidents seemed fair and balanced as he made no defense for any of the dishonest cops yet does make the point that within a force of about 35,000, such cases are indeed rare. For this particular session of the Book Club we had in attendance a long serving retired NYPD Assistant Chief who added inside perspective to the discussion.

Churchill & Orwell (The Fight for Freedom), by Thomas E. Ricks, was summarized by **Tom Butler**. It is the seeming unlikely pairing of the lives of Winston Churchill and George Orwell, yet the author makes the case that their determined belief in the cause of liberty, while defended from different sides of the political spectrum, through Churchill's role during WWII and Orwell's *Animal Farm* and *1984* inspired action against fascism and communism. Subsequent discussion revealed that parts of the book that covered the 1930's-40's detailed sympathies not often widely covered, such as certain aspects of English society that were very tolerant of Hitler's rise.

The last work was a synopsis by **Vince Tortorelli** of *The Crossing*, by Michael Connelly. In this crime novel Harry Bosch, a recently retired LAPD homicide detective, is implored by his half-brother Mickey Haller, a well known criminal defense lawyer, to investigate a murder that his client is accused of whom Mickey is convinced is innocent. Harry is reluctant because helping an accused killer is counter to what Harry spent a long career doing, i.e., assisting prosecutors putting such people behind bars. The story follows the intricate and thorough investigation conducted by Harry and climaxes in the courtroom as it finally all comes together.

Books for December:

Life and Death in the Third Reich by Peter Frische

The Underground Railroad by Colson Whitehead

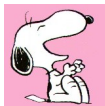
Thomas Jefferson and the Tripoli Pirates by Brian Kilmeade

Books for January:

Scalia Speaks by Antonin Scalia

Lights Out: a cyberattack: a nation unprepared: surviving the aftermath by Ted Koppel

Lady Cop Makes Trouble by Amy Stewart



The Lighter Side

Found on the wall of a men's room in a restaurant



Trips, Tours & Special Events Calendar

**Checks for these events, payable to Activities Unlimited accepted at the monthly meeting.
Sign up sheets are nice, but money talks. Get your check in ASAP, don't wait 'til it's too late.**

The Christmas Party is on MONDAY, December 11, 2017 at The Seasons.

2018

THURSDAY, January 18th, 2018---LUNCH AT SAVINI'S. Join us for an afternoon of good food and fellowship. A four course lunch will be served with pasta, soup or salad, choice of veal, chicken or fish, dessert, coffee, tea and soda. A cash bar is available. Cost \$26,00 pp. Open to all members, spouses and guests. Time 12:30 pm. Mail checks payable to Activities Unlimited to:

Larry Restieri, 105 Fisher Rd. Mahwah, NJ 07430.

Tel: 201-825-5843 NOTE: Snow date, Jan 25, 2018

Love is in the air on Valentine's Day, Wednesday, February 14, 2018. Time: 11am-3pm. Come and enjoy the things you love.....people, food, entertainment and dancing, at The Stony Hill Inn with music by Joe Zisa and "Friends." Luncheon menu includes two drinks, soup, salad, chicken Francese, baked glazed ham, vegetable, potato, dessert, coffee, tea, soda. Cost is \$46 pp. Mail checks payable to Activities Unlimited to: **Bob LaSalvia**, 80 Glasgow Terrace, Mahwah, NJ 07430, Tel: 201-529-4784

Other trips and event in the planning stage for 2018:

Casino trip

NYC tour

Trip to the new American Revolution Museum in Philadelphia

Lake Hopatcong boat tour and lunch

Multi-day trip to Blue Ridge Mountain area

Wine Tasting

Oktoberfest

Christmas Dinner/Dance